



# Annual Impact Report - 2022



# We Change Lives

## Our Mission

We believe everyone deserves dignity, respect, and community inclusion. Our mission is to empower people with intellectual and developmental disabilities to lead lives of meaning and self-determination.

Our vision is that people with intellectual and developmental disabilities are valued and engaged by their communities.

Vitalize Kitsap provides opportunities and guidance in the areas of setting and achieving goals, building relationships, learning and practicing life and job skills, and increasing engagement with their communities.

Vitalize Kitsap has been inspiring people with intellectual and developmental disabilities for over 20 years. Our programs ensure that our members participate in local events, learn job skills, interact socially with their peers and others, and enjoy creative self-expression.



*"No one is going to leave me out, because I am part of a community."*

~ Scott M, VK Member

## Personal Growth & Community Inclusion

# 4

Main Programs: Adventures & Activities, Zoom Clubs, Community Engagement, and Specialized Habilitation

# 5

Days of programming provided each week

# 7

Focus Areas: Arts & Culture, Communication, Continued Education, Community, Health & Fitness, Life & Job Skills, Relationships

# 41

People who have I/DD engaged weekly

# 101

Caregivers receive respite each week

## Our Impact

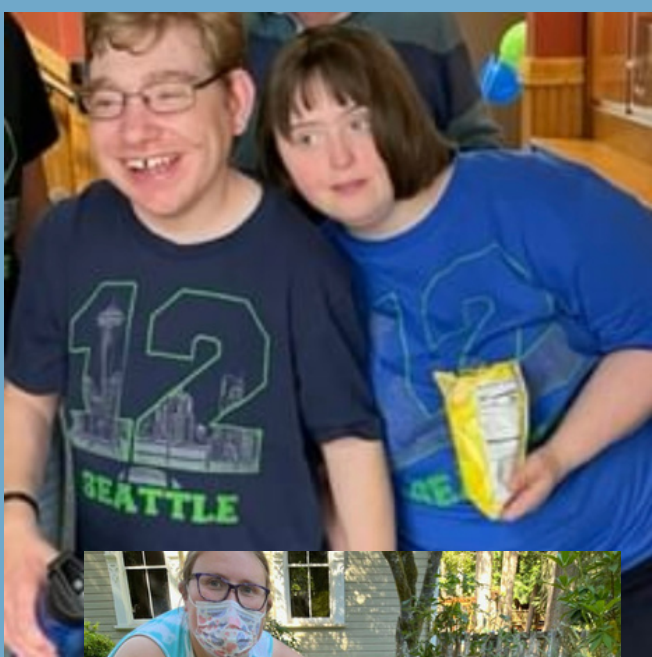
Vitalize Kitsap provides direct and indirect benefits to our community. When teens and adults with intellectual and developmental disabilities (I/DD) join our daily programming, they are empowered to pursue their own dreams, their families and caregivers are able to focus on their personal life goals, and our entire Kitsap County community culture becomes more inclusive and equitable.

VK serves people from around Kitsap County, with members from Bainbridge Island, Bremerton, Indianola, Kingston, Lofall, Poulsbo, Port Orchard, Seabeck, and Silverdale. We even have a member join our Zoom Clubs from Portland, Oregon each week.

VK members range in age from 16 to 70 years old. Many join VK during high school and stay with us throughout the rest of their lives.

Hundreds of community members are also beneficiaries of our meaningful programs. Through community events and activities, such as our booth selling homemade crafts at the BIMA Art Market, bowling, museum visits, and partnerships with other nonprofits, we help create a caring culture of inclusion. We all benefit when everyone is welcome in our public and workspaces.

**In 2022, VK delivered  
13,000 service hours**

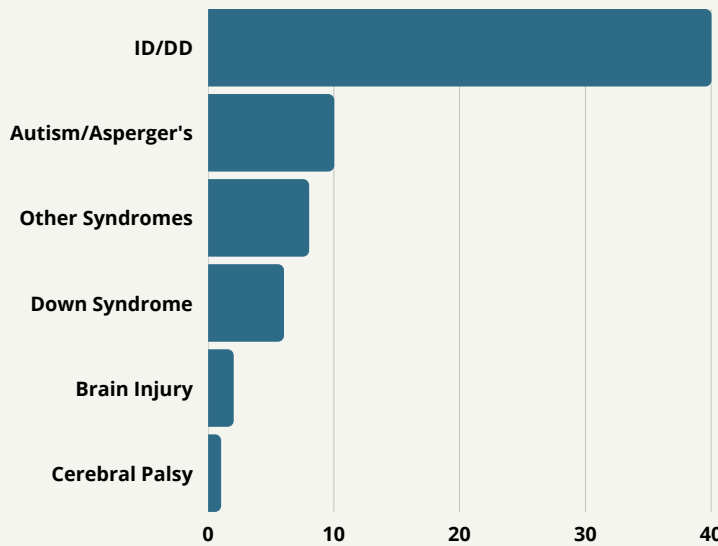


*"For Maggie, coming to Vitalize Kitsap is like going to a party...It's a lifeline for families."*  
~ Kimo Mackey, parent of a VK member

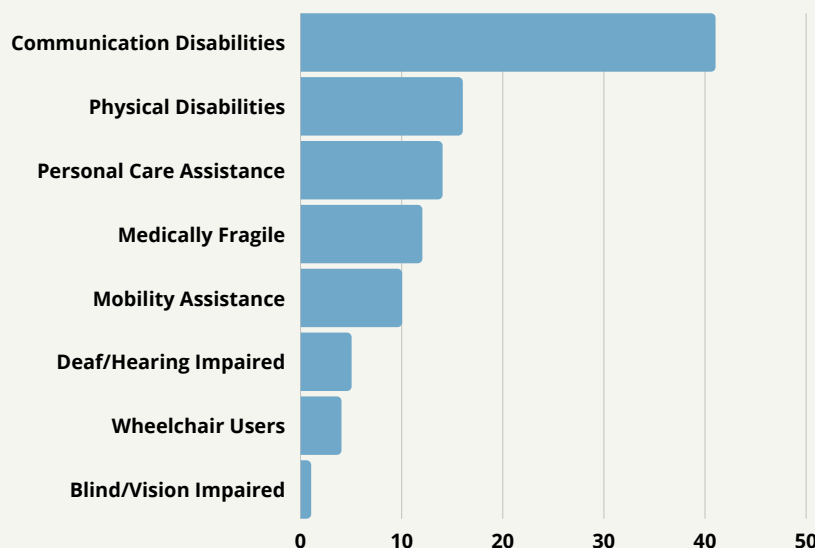


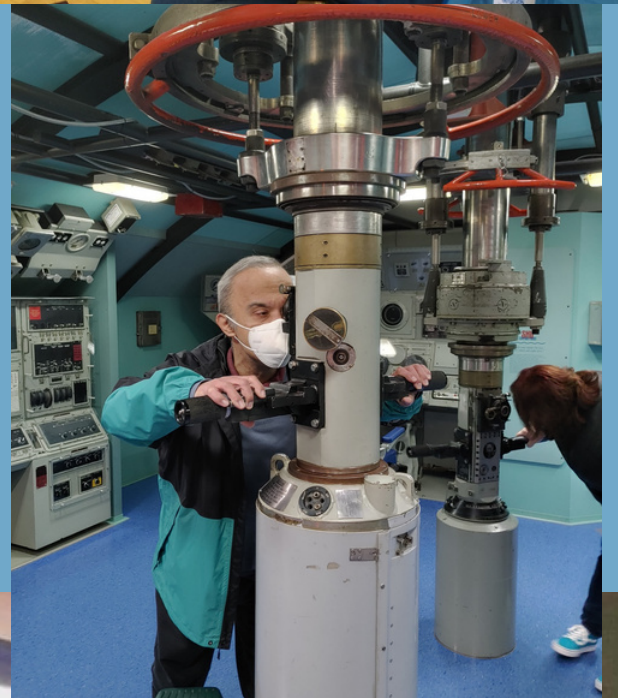
# Disability Demographics

All VK members have an intellectual or developmental disability (I/DD). VK is the only organization in North Kitsap that serves the needs of people with I/DD who also have physical disabilities. Members have a range of diagnoses:



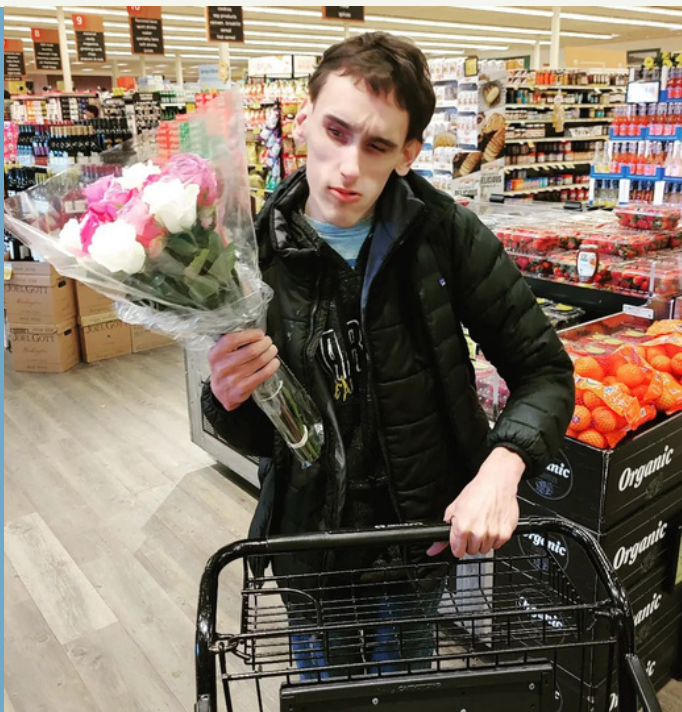
VK includes everyone with I/DD, accommodating all forms of communication and mobility methods. Our trained staff support members with all of their personal care and life skills independence needs. We aid members experiencing:





*"Vitalize Kitsap is extremely unique because VK figures out what the individual needs and then tailors the program to that person."*

~ Denise Vestman, parent of a VK member and Board member



# Our Daily Programs

We offer a variety of daily programming to meet the diverse interests and goals of our members.

## Adventures & Activities

This is our classic Vitalize Kitsap program. Our staff works with VK members to develop daily programming that empowers members to reach their individual goals in 7 important life areas: Art & Culture, Communication, Community, Continuing Education, Health & Fitness, Life & Job Skills, and Relationships. We have been providing this individualized program for 22 years.

## Zoom Clubs

We started our Zoom Clubs early on during the pandemic, so we could all stay safely connected from home. VK members and their families loved them so much, they're still a regular part of our weekly programming even now that we're also meeting in person. Our Zoom Clubs combat social isolation and build robust connections between everyone who participates.

## Community Engagement

VK staff work one-on-one with members and their case managers to develop and accomplish personal goals. CE sessions focus on empowering people to access and engage with their community, to pursue personal interests, and build personal connections.

CE is a Washington State DSHS/DDA waiver service that VK is contracted to provide.

## Specialized Habilitation

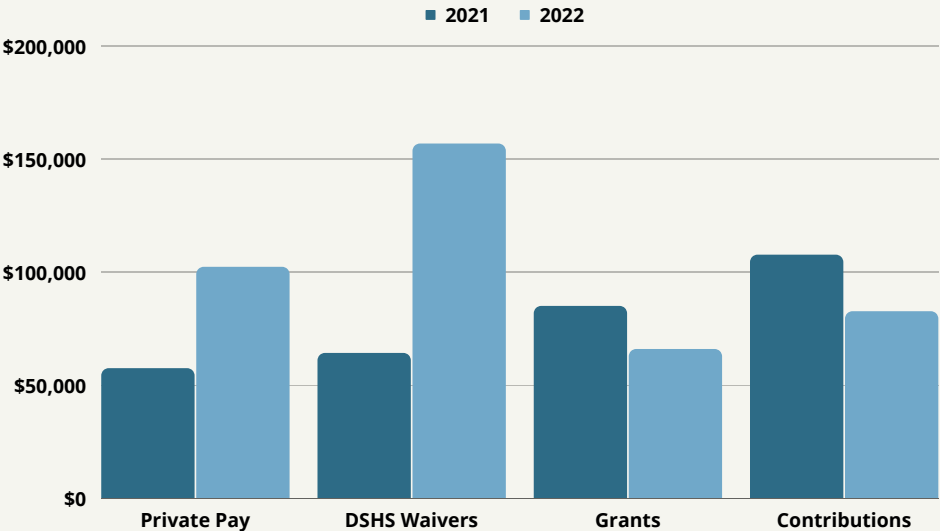
This is a highly-personalized program that helps individuals pursue their goals in any of five focus areas: Self-Empowerment; Safety & Self-Advocacy; Social Communication; Coping Skills for Everyday Challenges; and/or Adaptive Skills for Daily Tasks.

SH is a Washington State DSHS/DDA waiver service that VK is contracted to provide.

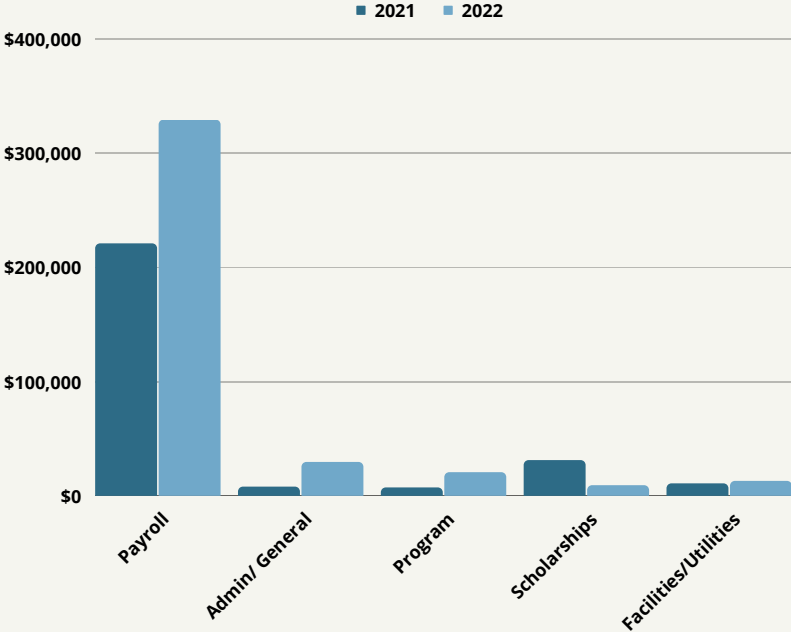
# Financial Overview

Our income and expenses from the past year tell the story of VK building back from the worst impacts of the pandemic. We added a Skilled Nursing contract with DDA and hired a Registered Nurse on staff, enhancing our ability to fill the gap in the community to serve more people with medical fragility and higher personal care needs.

## Revenue



## Expenses





90

Individual Donors

# Your Impact

4

Local Business Sponsors

6

Grants from Government & Foundations

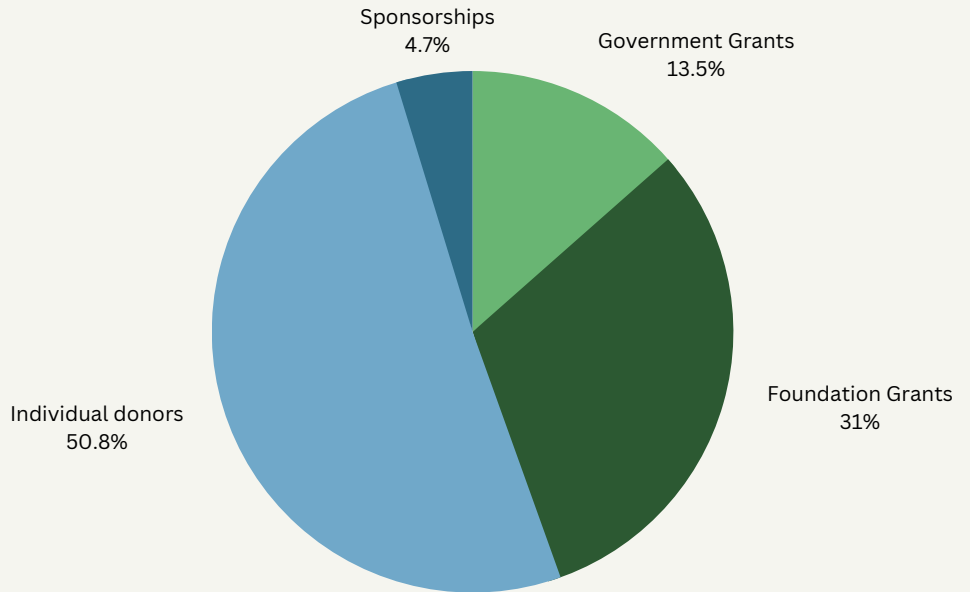
37%

of operating budget came from fundraising

63%

of operating budget came from earned income

2022 Donor Data



# Our 2023 Goals

We have big plans for 2023. With strong community support, we'll reach our goals and build a more inclusive Kitsap County.



## 1

### Vitalize Kitsap Neighborhood

We're excited to join forces with Stephen's Neighborhood, a group that offers monthly activities for adults who have I/DD, based in the Village Green Community Center in Kingston. With this partnership, they will become Vitalize Kitsap Neighborhood. This will add a new VK service location, making our programming more accessible to people in North Kitsap.

## 2

### Original Theatrical Production

Save the date now and join us on November 3 or 4 at BPA's new Buxton Center for our original production of a VK member-created theatrical installation, "Somewhere Under the Rainbow."

We're excited to be partnering with BPA on this production, thanks to funding from a COBI Arts & Culture grant.

Funding is still needed! We are seeking sponsorships and donations for this one-of-a-kind immersive experience. Reach out to Kellie, our ED to be a part of this event and make a difference!

## 3

### Expanded Daily Programming

We're adding more programming to our weekly schedule this year, to include even more VK members and to cover their broad range of interests and abilities.

We have programming from Monday through Friday, 9:30 am to 4 pm, including weekly community outings.

Summer sessions starts July 10. Look for us out and about in the community and say "hi."

# Our Leadership Team

**Kellie Creamer, Executive Director**

**Deb Buitenveld, Co-Founder & Program Director**

**Doug Leonard, Acting Chair, 2022, 2023**

**Sheridan Ley-Mackey Board Treasurer, 2022, 2023**

**Sarah Brandt-Erichsen, Board Secretary, 2022**

**Pat Callahan, Board Member. 2022, 2023**

**Denise Vestman, Board member, 2022, 2023**

**Jeff Sharp, Board Member, 2022, 2023**

**Jessica Aubin, Board Member, 2023**

**Michele Sheilds, Board Member, 2023**

# Our Partners & Sponsors



# Acknowledgements

We are grateful for the businesses, organizations, and individuals who provide grants and other funding that enable us to continue our mission.

We are grateful for our professional and dedicated staff who bring everything they've got to each day at VK, and to our Board of Directors for their support and commitment.

We are grateful for our VK members and their families and caregivers whose wisdom, empathy, and creativity make the world a better place.



**We thank you for  
your continued  
support.**

**Vitalize Kitsap**

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Vitalize Kitsap is a registered Washington State 501c3 nonprofit